



Wallace Academic Editing

華樂絲學術英文編修

期刊篩選報告建議

Journal Selection Report

European Journal of Applied Physiology

Impact Factor: 2.298

Recommendation Level: High

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服務時間: 週一至週日 09:00-20:00 國定假日公休

文章標題

(Article Title)

A structured process for recognising the prime movers of resistance exercises

推薦程度及原因

(Reasons for Recommendation)

1. 推薦程度：

(Recommendation level)

High

2. 原因：

(Reasons for Recommendation)

The journal has published numerous articles based on the topic similar to that of your paper. The journal is cited once in your paper.

期刊品質

(Journal Quality)

3. 是否為 SCI 或 SSCI 期刊：

(Is the target journal a part of Science Citation Index [SCI] or the Social Science Citation Index [SSCI]?)

Yes

4. 其他索引：

(Abstracting and Indexing)

Science Citation Index, Science Citation Index Expanded (SciSearch), Journal Citation Reports/Science Edition, PubMed/Medline, SCOPUS, EMBASE, Chemical Abstracts Service (CAS), Google Scholar, EBSCO, CSA, CAB International, Academic OneFile, Academic Search, Biological Abstracts, BIOSIS, CAB Abstracts, CSA Environmental Sciences, Current Contents/ Life Sciences, Gale, Global Health, Health Reference Center Academic, OCLC, SCImago, SPOLIT, Summon by ProQuest

5. 期刊類型：

(Journal type)

Peer-reviewed journal

6. 發行年度：

(Issue of year)

1928 to present

7. 出版機構隸屬及國家：
(*Affiliated publishing organization and country*)
Springer, Germany

8. 出版機構類型：
(*Publishing organization type*)
Commercial

期刊資訊大要

(Journal Information)

9. 宗旨及範圍：
(*Aims and scope*)
The European Journal of Applied Physiology (EJAP) aims to promote mechanistic advances in human integrative and translational physiology. Physiology is viewed broadly, having overlapping context with related disciplines such as biomechanics, biochemistry, endocrinology, ergonomics, immunology, motor control, neuroscience and nutrition. EJAP accepts papers that address different levels of investigation extending from molecular and cellular through to large-system, and which may include genomics, proteomics and "in silico" modelling and simulation perspectives. Papers dealing with animal models or pathophysiological conditions are not excluded from consideration, but must be clearly relevant to human physiology.

10. 目標讀者群：
(*Audience*)
Researchers studying occupational, sporting, recreational and daily activities throughout the human life span

11. 接受文章類型：
(*Types of contributions*)
Original articles, invited reviews, letters to the editor, and replies

12. 出版數量：
(*Number of publications*)
12 issues per year

13. 每年出版論文的數量：
(*Number of papers published each year*)
About 240 articles per year

14. 特刊或是期刊主題：

(Special issues or journal themes)

None

15. 字數或頁數限制：

(Limitations on the number of words or pages)

None

16. 摘要字數限制：

(Limitations on abstract)

150–250 words

17. 參考文獻格式是否符合期刊規範：

(References format)

Cite references in the text by name and year in parentheses.

18. 圖表格式是否符合期刊規範：

(Are the figures and tables in the right format?)

Tables should always be cited in text in consecutive numerical order. Each figure should have a concise caption describing accurately what the figure depicts. Include the captions in the text file of the manuscript, not in the figure file.

19. 投稿之相關事項、方式：

(Author guidelines)

static.springer.com/sgw/documents/1353813/application/pdf/421+Instructions+for+Letters+to+the+Editor.pdf

我們可協助編排文章格式，如須此服務再請與我們聯繫。

20. 編輯委員會成員：

(Editorial board)

[http://www.springer.com/biomed/human+physiology/journal/421?detailsPage=editorial Board](http://www.springer.com/biomed/human+physiology/journal/421?detailsPage=editorialBoard)

如果您認識或曾與其中一位編審委員有工作、學術上的接觸，將會對您的論文出版有幫助；投稿時，如果需要提供建議審閱者，可將此人列為候選人之一。

21. 此期刊編輯人員是否正在異動？

(Is the editorial staff in a state of transition?)

No

22. 期刊聯絡資訊：

(Editorial Office)

E-mail:

ejapeditors@mrums.eu

23. 主編電子郵件以及期刊網址：

(E-mail address for the editor-in-chief and journal website)

期刊首頁連結：

(Journal homepage)

<http://link.springer.com/journal/421>

URL/E-mail address/Postal address for manuscript submission:

<https://www.editorialmanager.com/ejap/default.aspx>

Editor:

Håkan Westerblad

Klaas R. Westerterp

E-mail:

ejapeditors@mrums.eu

出版格式

(Publication Format)

24. 紙本及/或電子格式：

(Print and/or electronic formats)

Both available

25. Does the journal publish accepted articles as “Online First?”

Yes

26. 是否為公開存取期刊？

(Is your target journal an open access journal?)

No. Submitting authors can freely select their preferences regarding open access.

27. What is the publication cost charged by the journal?

Publishing an open access article involves an open access publication fee of US\$3000/€2200 (excl. VAT).

作者文章與期刊關聯

(Correlations between Authors' Articles and Journals)

28. 論文是否和編輯目標一致？

(Are the published papers consistent with editorial objectives and goals?)

Yes

29. 論文是否為此期刊偏好的量化或質化的研究？

(Does your paper fulfill the journal's preferences regarding quantitative or qualitative research?)

No regulations

30. 此期刊是否曾經出版過相同主題的論文？

(Has the target journal published papers that cover topics similar to your own?)

Yes

31. 此期刊最近一次出版和我們論文主題相同的文章是什麼時候？

(When were papers on topics similar to your own paper the most recently published in the journal?)

May 2012

Muscle activity of the core during bilateral, unilateral, seated and standing resistance exercise

By: Atle Hole Saeterbakken and Marius Steiro Fimland

In: European Journal of Applied Physiology

Volume: 112, Issue: 5, Pages: 1671–1678, Published: May 2012

32. 此期刊出版過的論文有和我們論文的研究方法一樣的嗎？

(Do papers that have been published in the target journal contain the same research methods used in your paper?)

Yes. Here is an example:

Does cheating pay: the role of externally supplied momentum on muscular force in resistance exercise

By: Ognjen Arandjelović

In: European Journal of Applied Physiology

Volume: 113, Issue: 1, Pages: 135–145, Published: January 2013

33. 如果我們的論文提出一個嶄新的技術，此期刊是否曾出版類似的文章？

(Your paper proposes a novel technology. Has the target journal published similar articles?)

Yes

期刊投稿人

(Submitting Authors)

34. 投稿人的學術背景：

(What are the academic backgrounds of the submitting authors?)

Doctoral Students, Associate Professors, Assistant Professors, Professors, Researchers

35. 作者種族多元化與否？

(Are authors ethnically diverse?)

Yes. According to the database, about 3% of the authors were from Taiwan/China.

36. 是否開放台灣/中國的投稿者？

(Does the journal publish papers from Taiwanese/Chinese authors?)

Yes. Here are a few examples:

Cerebral hemodynamic characteristics of acute mountain sickness upon acute high-altitude exposure at 3,700 m in young Chinese men

By: Shi-Zhu Bian, Jun Jin, Qian-Ning Li, Jun Qin, Ji-Hang Zhang, Shi-Yong Yu, Jian-Fei Chen, Cai-Fa Tang, and Lan Huang

In: European Journal of Applied Physiology

Volume: 114, Issue: 10, Pages: 2193–2200, Published: October 2014

Acute effects of moderate-intensity continuous and accumulated exercise on arterial stiffness in healthy young men

By: Lu Zheng, Xin Zhang, Weili Zhu, Xiaohong Chen, Hao Wu, and Shoufu Yan

In: European Journal of Applied Physiology

Volume: 115, Issue: 1, Pages: 177–185, Published: January 2015

Muscle synergies in preparation to a step made with and without obstacle

By: Yun Wang, Kazuhiko Watanabe, Tadayoshi Asaka, and Fatao Wan

In: European Journal of Applied Physiology

Volume: 114, Issue: 12, Pages: 2561–2569, Published: December 2014

37. 投稿人是否來自各個不同優劣等級的大學機構？

(Are the authors from different levels of universities and institutions?)

Yes

期刊文獻和論文文獻的關聯

(Correlations between the Literature or References Presented in the Journal and Your Paper)

38. 此期刊在我們論文被引用的次數：

(How many times have you cited the target journal in your paper?)

Once

39. 類似研究主題的作者是否也投稿至此期刊？

(Have authors who specialize in similar research topics submitted to this journal?)

Yes

In your paper's literature review, one of your cited authors *Jana Fleischmann* has submitted to the journal.

Load-dependent movement regulation of lateral stretch shortening cycle jumps

By: Jana Fleischmann, Dominic Gehring, Guillaume Mornieux, and Albert Gollhofer.

In: European Journal of Applied Physiology

Volume: 110, Issue: 1, Pages: 177–187, Published: September 2010

標準量化指標

(Standard Quantitative Indicators)

40. 影響指數：

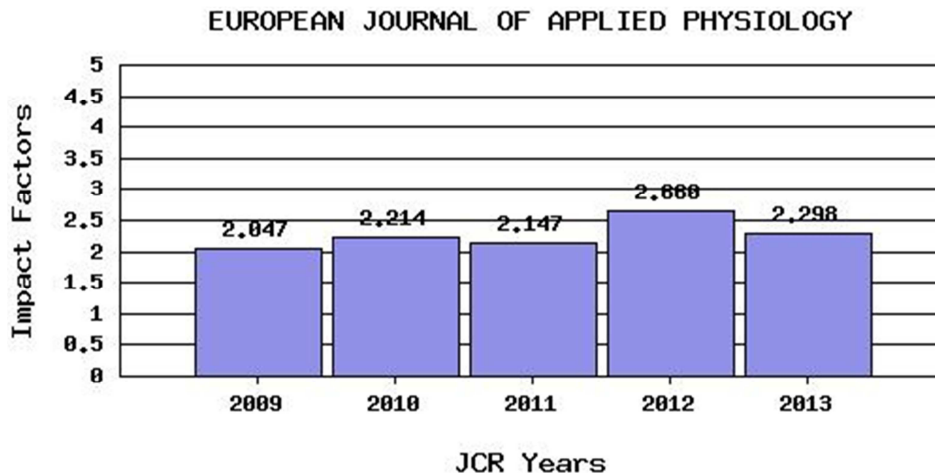
(Impact Factor)

2.298

41. 近五年影響指數：

(5-Year Journal Impact Factor)

2.586



(影響指數趨勢圖)

42. 總體影響指數：

(Aggregate Impact Factor)

2.976 in Physiology

2.192 in Sport Sciences

43. 被引用半衰期：

(Cited Half Life)

8.5 years

44. 總體被引用半衰期：

(Aggregate Cited Half Life)

8.7 years in Physiology

8.2 years in Sport Sciences

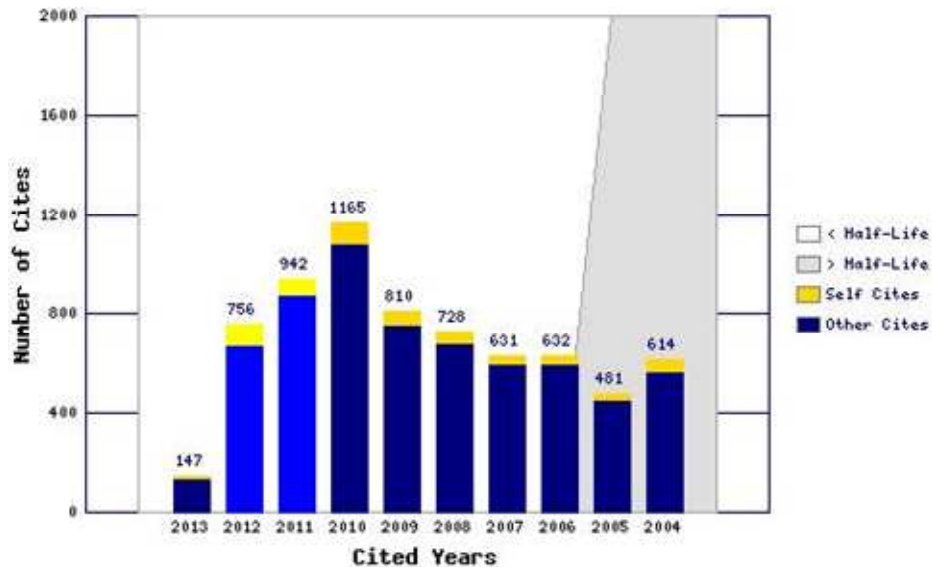
以下為此期刊文獻引用次數以及累積總和百分比的分析：

(The table below shows an analysis of the journal's literature citation frequency and cumulative percent to total)

年度 (Year)	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003-all
引用次數 (Citations)	147	756	942	1165	810	728	631	632	481	614	5152
累積總和百分比 (Cumulative percent to total)	1.22	7.49	15.30	24.96	31.68	37.72	42.95	48.19	52.18	57.27	100

以下為此期刊每年文獻引用次數及其分析：

(The graph below shows the journal's annual literature citation frequency and relevant analysis)



白色/灰色區塊代表期刊被引用半衰期；黃色區塊代表期刊自我引用的次數；深藍色區塊代表期刊非自我引用的次數；藍色區塊的資料為影響指數的計算依據。

45. 特徵因子分數：

(Eigenfactor Score)

0.02110

46. 論文影響分數：

(Article Influence Score)

0.744

47. 立即引用率：

(Immediacy Index)

0.503

48. 總體立即引用率：

(Aggregate Immediacy Index)

0.661 in Physiology

0.393 in Sport Sciences

49. 總引用次數：

(Total Citations)

總引用次數 (Total citations)	12058
近兩年引用次數 (Citations in the past 2 years)	1698
影響指數 (Impact factor)	2.298

50. 自我引用次數：

(Self Cites)

自我引用次數 (Self-citations/Self cites)	899 (7% of 12058)
近兩年期刊自我引用次數 (Journal self-citations in the past 2 years)	166 (9% of 1698)
扣除期刊自我引用次數後的影響指數 (Impact factor after excluding journal self-citations)	2.073

51. 領域排名：

(Rank in Category)

領域 (Subject Category)	總期刊數 (Total Journals)	影響指數排名 (Impact Factor Ranking)	四分位百分比排名 (Quartile in Category)
Physiology	81	42	Q3
Sport Sciences	81	19	Q1

**Q1為該領域影響係數名次前25%，Q2為25%-50%，Q3為50%-75%，Q4則為後75%。